

Plant your Seeds of the Dharma at The Rime Center



Youngge Khachab Rinpoche VII

*Dream Yoga Teachings and Vajrayogini
Empowerment*

May 13 – 14, 20

We are extremely delighted to welcome back Youngge Khachab Rinpoche the Rime Center, May 13 through 14th. Rinpoche will be giving teachings on the Dream Yoga and give the Vajrayogini empowerment. In the bardo of dream, the primary methods taught to realize the nature of mind and appearances is the training in Dream yoga. This set of practices includes training in recognition of the dream state, also called “lucid dreaming”; transforming the dream state once recognition is gained; and the enhancement practices, by which obstacles are overcome. Rinpoche will bestow the

Continued on Page 7



Lama Lena

*Hitting the Essence in Three Words: “The
Special Teaching of the Wise and
Glorious King”.*

July 28-30, 2017

We are delighted to welcome back Lama Lena to the Rime Center, July 28 through 30. Lama Lena will be teaching on Patrul Rinpoche’s Hitting the Essence in Three Words: “The Special Teaching of the Wise and Glorious King”. Lama Lena is a highly accomplished yogini in the Dzogchen tradition who will deliver very clear and accurate teachings on Dzogchen. She is accessible, easy to relate to, open to questions, and willing to deal directly with many of the questions to which we are seeking answers.

Continued on Page 7

Saga Dawa Duchon Celebration

June 9, 2017

Saga Dawa Duchon is one of the most important sacred Buddhist days. The full moon day of fourth Tibetan month is commemorates Lord Buddha’s birth, enlightenment and parinirvana (passing away). All the merits of virtues actions done on this day are multiplies on hundred million times. The Rime Center will be hosting a series of Shakyamuni Buddha Pujas and open meditation sessions for Saga Dawa Duchon. The morning will start with participants receiving the 24 hour Mahayana vows and will have available open meditation sessions as an opportunity for you to come in and meditate throughout the day at your own pace and time limit. The evening will end with a special puja lead by Geshe Thinley.

Schedule for Activities

5:30 am – 24-Hour Mahayana Vows Given
6 am – 11am – Open Meditation
11 am – Shakyamuni Buddha Puja with Meditation
12 pm – 5 pm – Open Meditation
5 pm – Shakyamuni Buddha Puja with Meditation
7 pm – 8: pm – Special Puja lead by Geshe Thinley



meditations

by

Lama Matthew Rice (Lobpon Palden Gocha)

Lama Matthew Rice (Lobpon Palden Gocha) serves as the spiritual director of the Rime Buddhist Center that he administers on a day-to-day basis. In addition he teaches classes on meditation and Buddhism. He also serves as the Buddhist Director for the Greater Kansas City Interfaith Council. Lama Matt is very involved in homeless outreach. He works closely with other Rime members to ensure that the Homeless Outreach program runs smoothly and that it receives the needed supplies for those in need living on the streets.

Are You Up for the (Bodhisattva) Challenge?

It is exciting times at the Rime Buddhist Center. With Geshe Thinley's arrival, we are looking at ways that he can benefit the Rime Center and Kansas City community. Geshe-la is looking forward to teaching the Buddhадharma, and what better way to do that than to offer a summer course to those who would be interested in studying with Geshe-la.

Beginning in June Geshe-la will offer classes on various topics of Tibetan Buddhism, while not being restricted to any particular book or topic. Our hope is that this also gives Geshe-la an experience to practice and hone his English speaking skills. These classes will be set into four week blocks that you can sign up for and will run through August. This is an amazing opportunity to study closely with someone as knowledgeable as Geshe Thinley.

Also this summer, back by popular demand is our second annual Bodhisattva Challenge. This event will be practice intensive for those who want to apply their understanding of Bodhicitta with supported daily practice. The main topic for the challenge will be Eight Verses of Training the Mind by Geshe Langri Thangpa, and will run for eight weeks.

These eight verses, which are

now regularly transmitted around the world by the Fourteenth Dalai Lama, succinctly convey the compassionate attitude, humility and uncompromising vision of a true bodhisattva—as encapsulated in the texts most famous and most striking lines: “I will take defeat upon myself and give the victory to others.” H.H. the Dalai Lama says about the Eight Verses of Training the Mind, “Practicing Buddhists should recite the verses and reflect upon the meaning of the words, while trying to enhance their altruism and compassion. Those of you who are practitioners of other religious traditions can draw from your own spiritual teachings, and try to commit yourselves to cultivating altruistic thoughts in pursuit of the altruistic ideal.”

We will have Dharma talks led by senior teachers, as well as by Geshe Thinley, weekly readings, and group discussions. Discus-

sions will also be online so you can connect to this practice from home. Weekly topics from the challenge will also be taught in the Dharma School, allowing this challenge to be engaged by the whole family.

One of the big lessons we learned from the first Bodhisattva Challenge was how appreciative people were for having an online course. It gave an opportunity for Rime Center members who have moved away from Kansas City to feel connected again. Rime members like Erik Myser who said, “I felt so lucky to be able to participate from afar.” Another Rime member Rick Goodvin said, “Thank you Lama Matt as well as everyone else involved for all the hard work. I noticeably feel more bodhisattva-ey.” You can find out more about these and other classes in our 2017 Summer Class Schedule.



Participants in the Fall 108-Day Bodhisattva Challenge

Help Update Our Mailing List

If you would like to sign up for the weekly e-mail updates, no longer wish to receive mailings from the Rime Center or you have moved, contact us at: info@rimecenter.org or 816-471-7073.

Join a Committee

Joining a Rime Committee is an excellent way to contribute to the sangha and to become more involved with the Rime Center. If you are interested in becoming involved and serving on a committee, please contact the following chairs about coming to a meeting:

Gift Shop Committee

Daniel Scharpenburg Daniel.scharpenburg@gmail.com

Finance Committee

Vickie Cumberland vickie.cumberland@rimecenter.org

Membership Committee

Sergio Moreno membership@rimecenter.org

Dharma School Committee

Brianna Durham bhdurhamlv@yahoo.com

Library Committee

William Hunter williamhunterkc@icloud.com

Prison Outreach

Andrea VanBecelaere prison.outreach@rimecenter.org

Community Outreach

Vickie Cumberland vickie.cumberland@rimecenter.org

Program Committee

Chairs: Matt Rice spiritualdirector@rimecenter.org

Volunteer Coordinator

Lora Lee Reese volunteers@rimecenter.org

Newsletter Team

Nicole Esquibel, David Ketter, Matt Rice

Rime Board Members

Gabriele Otto, executive director and board chair

Teri Brody, secretary

Vickie Cumberland, treasure

Matt Rice, spiritual director

Beniah Leuschke

Andrea VanBecelaere

Grievance Committee

Gabriele Otto

Sistagsunsetreggae@gmail.com

Special Thanks

To Paul Kotz and FRD Communications for printing our newsletter.

Permission

Articles may be reprinted or reproduced with permission. Please contact Lama Matt Rice.

Financial Aid Available

Workshops and classes, as with all Dharma teachings, are available to EVERYONE regardless of ability to pay. Discounts, a limited number of scholarships and work/study programs are available to those in need. However, scholarship forms must be submitted one week prior to the start of the teachings for review by our scholarship committee. Call the Rime Center at 816-471-7073 or email Lama Matt at spiritualdirector@rimecenter.org for details.

Geshe Thinsley presents Drepung Monestary Objectives

Geshe Lharampa Tsewang Thinley will be in residence for two years at the Rime Buddhist Center. While he is here, Geshe Thinley will promote three of the monastery's objectives for its Geshes abroad.

1. To make a contribution to world peace and harmony by sharing unique Tibetan Buddhist Teachings.

a) Geshe la wishes to help the Rime Center further it's Shedra (educational program) and initiate a Tsodra (dialectic debate program). He'll begin by compiling and teaching the RimeSangha from the "Duta". This is a book of collected topics that is the key for studying Buddhist logic and is part of the basic curriculum of the monastic orders of the Gelu tradition.

b) Teach compassion, loving kindness and the cultivation of Bodhicitta through meditation and study of Lojong, Lamrim and Santideva's "A Guide to the Bodhisattva Way of Life"

c) Promote interfaith dialogue and understanding in the Kansas City community through interactions with the Kansas City Interfaith Council and other local faith groups.

d) Approach Kansas City Mayor's office about implementation of the Compassionate City. Charter following the example of Louisville, KY.

e) Prison Outreach to Buddhist inmates

2. To support the refugee monk community in South India for proper food, education facilities and to preserve Tibetan tradition and culture.

a) Become proficient in English so that he can teach Buddhist Philosophy at a collegiate level in the United States.

b) Study Science and Psychology so that he may teach these subjects at Drepung Gomang Monastery. It is His Holiness' the Dalai Lama's wish that the great monastic Universities integrate these subjects into their curricula.

c) Educate and inform the local community about Drepung Gomang Monastery's various programs and what can be done to help.

3. To generate a greater awareness of the endangered Tibetan Culture and bring attention to the Tibetan cause.

a) Help with establishing Kansas City Chapter of Students for a Free Tibet.

b) Help to facilitate cultural exchanges with the Tibetan and Kalmyk communities and also through the Rime Center's Tibetan Refugee sponsorship program.

c) Tibetan Language

Geshe-la spent two years traveling across the United States with Drepung Gomang Monastery Sacred Art Tour. Of all the places he has visited, the Kansas City community seems to have an unusually high interest in Buddhist studies, and has been very supportive of the tour groups.

illuminations



Bodhisattva Award Recipients:
One Struggle KC
World Peace Meditation
December 31, 2016



Khentrul Rinpoche
Retreat at the Rime
Center



Lama Matt and Board Members
Welcome Geshe Thinley to the
Rime Center



Tibetan New Year (Losar)
Celebration
February 25, 2017





Drepung Monks Return to
Kansas City and the Rime
Center



Refuge Vow Ceremony
Winter 2017



Lama Matt Participating in the
Kansas City Interfaith Vigil for
Immigrants and Refugees

Vajrayogini empowerment. Vajrayogini is a wisdom deity. She is usually depicted as red in color with a semi-wrathful expression. She represents the transformation of ignorance and passion into shunyata and compassion. Her sadhana is often given as the student's entry into Anuttara Yoga practices. Rinpoche will be giving extensive and practical instructions based on his vast study and personal experience. This is an incredible opportunity to receive teachings and instruction from a true Dzogchen master.

Venerable Younge Khachab Rinpoche VII is the Younge family lineage holder, a treasure revealer and a true nonsectarian scholar and Dzogchen yogi. Younge Khachab Rinpoche is considered to be a highly qualified Tantra and Dzogchen teacher. His training has incorporated the view and meditations of the four main schools. He believes in the transmission of the uncompromised, pure teachings of the oral and textual lineages. He represents the Rime philosophical tradition, established in part by Jamgon Khamtrul, incorporating the best the four schools in Tibetan Buddhism have to offer.

Schedule

NO TEACHINGS ON FRIDAY

Saturday, May 13th

10:00 a.m. – 12:00 p.m. 1st Dream Yoga Teaching

2:00 – 4:00 p.m. 2nd Dream Yoga Teaching

Sunday, May 14th

10:30 a.m. – 12:00 p.m. 3rd Dream Yoga Teaching

12:30 p.m. – 3:00 p.m.

Vajrayogini Empowerment

Suggested Fees

\$140 pre-registration, \$160 at the

Dzogchen is a Tibetan word that means Great Perfection. On the outer level it refers to a method of meditative practice that enables us to recognize our true nature. Ultimately, great perfection is that very nature: the natural, primordially pure nature of mind.

When she is not traveling, teaching, or translating, she works providing medical assistance to the Tibetan refugee community as well as the local Indian villagers and mountain tribes people. At the request of H.E., Zigar Choktrul Rinpoche and Ven. Wangdor Rinpoche, as well as many Western and Tibetan dharma students, she has been traveling and teaching from the lineages she holds in an informal style that is humorous, artful, and well worth experiencing.

Schedule

Friday, July 28

7:30 – 9:30 pm Introduction

Saturday, July 29

10:00 am – 12:00 pm 1st

Dzogchen Teaching

2:00 – 4:00 pm 2nd Dzogchen Teaching

Sunday, July 30

10:30 am Sunday Service

Dharma Talk

Suggested Fees:

\$140 in advance; \$160 at the door

These teachings are available to EVERYONE. We have "Suggested Fees," however pay whatever you can afford.

Everyone is welcome! It is our hope that some will pay more to cover those who can't afford the usual fee. We simply want everyone to come this weekend for these wonderful teachings.

Member Profile

Jo Valluri



Hometown:

Olathe, Kansas (born in Washim, India)

Your role at the Rime Buddhist Center?

Sangha member

Day Job:

Nurse Educator, Mom, Wife.

Description of your hobbies:

Gardening, Cooking, Traveling, Reading.

What led you to the Dharma?

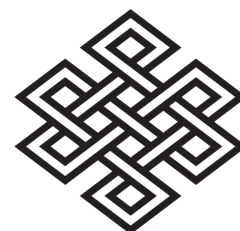
Curiosity about meditation, and an opportunity to live an authentically compassionate life.

Tell us something that most people don't know about you.

I have met a lot of famous people. Top three, Michael Jackson, Mother Teresa, and HH The Dalai Lama many ago.

What Buddhist Book would you recommend and why?

I do love Allan Wallace's *Buddhism With An Attitude: The Tibetan Seven-Point Mind Training*. Hope to reread it after graduate school.

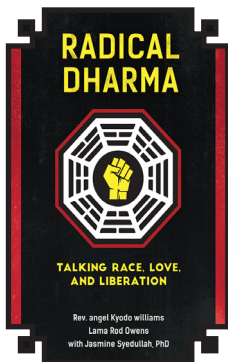


Social Justice Committee makes Fall Reading Selection

The Social Justice Book Club has selected *Radical Dharma: Talking Race Love and Liberation* by Rev Angel Kyodo Williams, Lama Rod Owens with Jasmine Syedullah.

"Igniting a long-overdue dialogue about how the legacy of racial injustice and white supremacy plays out in society at large and Buddhist communities in particular, this urgent call to action outlines a new dharma that takes into account the ways that racism and privilege prevent our collective awakening."

More information can be found at: <http://radicaldharma.org/>



Half Day Zen Meditation Retreat

Beginning with the February, 2017 half-day meditation, the Rime Center will offer a Zen style retreat once every quarter. The practice will consist of Zazen, seated meditation, Kinhin, walking meditation, chanting and Samu, or mindful work. Meditation will be from 9:00 am – 12:00 pm. We will follow the practice taught by visiting teacher, Karen Maezen Miller, with a brief instruction at the beginning of the meditation.

Sangha Voices

There's Plenty of Room in Buddhism for Both of Us

by Daniel Scharpenburg

I don't really like words like secular or skeptic. But to be honest, I don't believe in spirits, magic, gods, demons, reincarnation, or psychic powers. I just don't. I'm not closed-minded, and I don't look down on people who believe in those things – though I'm always surprised so many do. Above all, I want people who see things the way I do to know that they aren't alone.

The great thing about Buddhism is that it doesn't require us to believe in things that we don't think are real. Things that aren't real aren't the point of Buddhism. I don't believe in magic, and I don't have to pretend that I do (which is a thing I wonder if some people are doing). That kind of belief is not a requirement.

I think the 14th Dalai Lama is a very wise teacher. I saw him in 2011 and I'm glad I did. But I don't believe that he was the 13th Dalai Lama in his previous life, or that he's an emanation of a Bodhisattva, and that he will once again be reincarnated. If I were a Tibetan Vajrayana Buddhist, I probably would – and if you are and do, that's great. There's plenty of room in Buddhism for both of us.

What I do believe is that if we're more awake, we will suffer less. And I believe the way to cultivate wakefulness is to train ourselves in concentration, ethics, and awareness.

You can read Daniel's full article on Lion's Roar website: <https://www.lionsroar.com/theres-plenty-of-room-in-buddhism-for-both-of-us/>



Rime Buddhist Center

www.rimecenter.org

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calendar

	S	M	T	W	T	F	S
May	30	1	2	3	4	5	6
	7	8	9	10	11	12	13
	14	15	16	17	18	19	20
	21	22	23	24	25	26	27
	28	29	30	31	1	2	3
June	4	5	6	7	8	9	10
	11	12	13	14	15	16	17
	18	19	20	21	22	23	24
	25	26	27	28	1	2	3
July	4	5	6	7	8	9	10
	11	12	13	14	15	16	17
	18	19	20	21	22	23	24
	25	26	27	28	29	30	31
	1	2	3	4	5	6	7

*Schedule subject to change, see weekly email for important updates.

Find us on Facebook!
"Rime Buddhist Center Community"

Remember the many Rime scheduled meditations: Monthly Half-day Retreats, Noon Meditations, Sunday service, Tuesday, Wednesday & Thursday evening practices.

Sunday Service with Meditation: 10:30 a.m.–12 p.m. Childcare & Sunday School available.

Monday Zen Meditation 7-8 p.m.

Tuesday Green Tara Tantric Practice: 7-7:30 p.m. (upstairs)

Wednesday Meditation Instruction: 6:00 p.m.

Wednesday Meditation: 7–7:30 p.m.

Thursday Meditation: 6:00-6:45 pm (upstairs)

Medicine Buddha Tantric Practice: 7–7:30 p.m.

Noon Meditation: Monday - Friday, 12–12:30 p.m.

Bodhi Bag prep: Wednesday 6:00pm Delivery: Sunday after Service 12:15pm

Second Saturday of Each Month: Half-Day Meditation retreat 9 a.m. - noon

May

Younge Khachab Rinpoche VII

Dream Yoga Teachings and Vajrayogini

Empowerment

May 13 – 14, 20

June

Saka Dawa Duchen

June 9, 2017

July

Lama Lena

Hitting the Essence in Three Words: "The Special Teaching of the Wise and Glorious King"

July 28-30, 2017

Note about all Teachings:

Teachings are available to EVERYONE. We have "Suggested Fees," however pay whatever you can afford. Everyone is welcome! It is our hope that some will pay more to cover those who can't afford the usual fee. We simply want everyone to come for these wonderful teachings.