

# Moving Forward at the Rime Center

Increase your knowledge,  
check out the class  
schedule!



## Santikaro – Under the Bodhi Tree: Buddha’s Original Dependent Co-Arising Teachings

*September 14 - 16th, 2018*

Santikaro, a former Theravada monk, returns to the Rime Buddhist Center to teach from the newly translated book, *Under the Bodhi Tree: Buddha’s original dependent co-arising teachings*. Under the Bodhi Tree written by author Ajahn Buddhadasa Bhikkhu and translated by Santikaro, takes us back to the principles at the heart of Buddha’s teachings—conditionality and dependent co-arising. It makes the case for dependent co-arising as a natural law, and builds a compelling presentation from there of Buddhist philosophy,

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## Anyen Rinpoche - “Ground of Compassion”

### Introductory teachings to the Dying with Confidence Series

*October 19 - 21, 2018*

We are extremely delighted to welcome to Kansas City and the Rime Center Anyen Rinpoche, October 19 – 21st. Anyen Rinpoche will be teaching on “ground of Compassion” Introductory teachings to the Dying with Confidence Series. Anyen Rinpoche has been teaching westerners on the important topic of death and dying for many years and has developed this transformative

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## Lama Rod: Liberation Through Love and Rage

*November 16 – 18, 2018*

We are extremely delighted to welcome back to Kansas City and the Rime Center Lama Rod Owen, November 16th & 18th. Lama Rod will be teaching on how we can achieve liberation through love and rage. It shouldn’t be a secret that historically marginalized communities and peoples are deeply traumatized right now. Each day there are new threats impacting the wellbeing

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These teachings are available to everyone regardless of ability to pay. We offer partial and full scholarships to those in need, so don’t let lack of finances prevent you from attending. Download and print out our scholarship form at: [www.rimecenter.org](http://www.rimecenter.org). Scholarship forms are not accepted by e-mail. Please submit them either by mail or at the Center. Scholarship forms need to be submitted in advance of the event. We have “suggested” fees however, pay what you can afford. Everyone is welcome! It is our hope that some will pay more to cover the those who cannot afford the fee. We simply want everyone to come enjoy these wonderful teachings.



# meditations

by

*Lama Matthew Rice (Lobpon Palden Gocha)*

Lama Matthew Rice (Lobpon Palden Gocha) serves as the spiritual director of the Rime Buddhist Center that he administers on a day-to-day basis. In addition he teaches classes on meditation and Buddhism. He also serves as the Buddhist Director for the Greater Kansas City Interfaith Council. Lama Matt is very involved in homeless outreach. He works closely with other Rime members to ensure that the Homeless Outreach program runs smoothly and that it receives the needed supplies for those in need living on the streets.

## To Have a Spiritual Home

Every Sunday, when reading the announcements during the service, we ask if there are any first-time visitors present. We then say that, if they are looking for a spiritual home, we hope that they will consider the Rime Center as that home. But, what does it mean to have a spiritual home? If you look it up, you might find a definition similar to the one found in the Collins dictionary: “Your spiritual home is the place where you feel that you belong, usually because your ideas or attitudes are the same as those of the people who live there.” When I think of a spiritual home, I think back on my grandparents and the relationship they had with their church.

Their church was not just the place they went on Sunday or Wednesday evenings. It was a place where, as the definition above states, they felt like they belonged, a place that gave them meaning and purpose. For them, the church was more than just the bricks and mortar, it was where they could be around others who shared their values. It was a support system for them; one could even argue an extended family.

I’m happy to say that, in many ways, we have that here at the Rime Center. The Rime board has worked very hard to make the Rime Center a place where

those of us who appreciate the teachings of the Buddha can come and feel like we belong. A place where we can learn about Buddhism in the Tibetan tradition, to have opportunities to engage in meaningful practices, and practice compassion and generosity. I want this spiritual home to continue for future generations, so I am glad that the Rime Center is pursuing a permanent location owned by our community. We have taken the first steps toward that process by buying land. That was the easy part. Now comes the hard part - generating the resources needed to build our new temple. Raising the money needed to do this is no small feat, and will take everyone pitching in. In an essay written by Susan Elbaum Jootla on the Practice of Giving, she says, “The Buddha said that the practice of giving will aid us in our efforts to purify the mind. Generous gifts accompanied by wholesome volition help to eradicate suffering in three ways. First, when we decide to give something of our own to someone else, we simultaneously reduce our attachment to the object; to make a habit of giving can thus gradually weaken the mental factor of craving, one of the main causes of unhappiness. Second, giving accompanied by wholesome volition will

lead to happy future births in circumstances favorable to encountering and practicing the pure Buddha Dhamma. Third, and most important, when giving is practiced with the intention that the mind becomes pliant enough for the attainment of Nibbana, the act of generosity will help us develop virtue, concentration and wisdom (sila, samadhi, pañña) right in the present. These three stages make up the Buddha’s Noble Eightfold Path, and perfecting the path leads to the extinction of suffering.”

She also states, “Material gifts of a religious nature would include contributions towards the erection of a new temple or shrine, gold leaf to help gild the umbrella of a shrine, or the purchase of a Buddha statue for a temple. The recipients of such gifts are the general public — whoever comes to the temple or worships before the Buddha image.”

It is going to take a continued effort on the part of the Rime Center’s community, by making contributions to the Tibetan Buddhist Temple Fundraiser. Every amount, small or large, helps us move closer to our goal. Please consider making either a one-time or recurring donation to our GoFundMe site. [https://www.gofundme.com/temple-project/donate?pc=wd\\_md\\_donate\\_r](https://www.gofundme.com/temple-project/donate?pc=wd_md_donate_r)



### Help Update Our Mailing List

If you would like to sign up for the weekly e-mail updates, no longer wish to receive mailings from the Rime Center or you have moved, contact us at: [info@rimecenter.org](mailto:info@rimecenter.org) or 816-471-7073.

### Join a Committee

Joining a Rime Committee is an excellent way to contribute to the sangha and to become more involved with the Rime Center. If you are interested in becoming involved and serving on a committee, please contact the following chairs about coming to a meeting:

#### Gift Shop Committee

Stephanie Shirazi [Sshirazi@gmail.com](mailto:Sshirazi@gmail.com)

#### Finance Committee

Vickie Cumberland [vickie.cumberland@rimecenter.org](mailto:vickie.cumberland@rimecenter.org)

#### Membership Committee

Sergio Moreno [membership@rimecenter.org](mailto:membership@rimecenter.org)

#### Dharma School Committee

Leslie Aguirre [leslieaguirre321@gmail.com](mailto:leslieaguirre321@gmail.com)

#### Library Committee

William Hunter [williamhunterkc@icloud.com](mailto:williamhunterkc@icloud.com)

#### Prison Outreach

Andrea VanBecelaere [prison.outreach@rimecenter.org](mailto:prison.outreach@rimecenter.org)

#### Community Outreach

Vickie Cumberland [vickie.cumberland@rimecenter.org](mailto:vickie.cumberland@rimecenter.org)

#### Program Committee

Chair: Matt Rice [spiritualdirector@rimecenter.org](mailto:spiritualdirector@rimecenter.org)

#### Volunteer Coordinator

David Keeter [volunteers@rimecenter.org](mailto:volunteers@rimecenter.org)

#### Newsletter Team

Nicole Esquibel, Matt Rice

#### Rime Board Members

Gabriele Otto, executive director and board chair

Teri Brody, secretary

Vickie Cumberland, treasure

Matt Rice, spiritual director

Beniah Leuschke

Andrea VanBecelaere

#### Grievance Committee

Gabriele Otto

[gabi.otto@rimecenter.org](mailto:gabi.otto@rimecenter.org)

### Special Thanks

To Paul Kotz and FRD Communications for printing our newsletter.

### Permission

Articles may be reprinted or reproduced with permission. Please contact Lama Matt Rice.

### Financial Aid Available

Workshops and classes, as with all Dharma teachings, are available to EVERYONE regardless of ability to pay. Discounts, a limited number of scholarships and work/study programs are available to those in need. However, scholarship forms must be submitted one week prior to the start of the teachings for review by our scholarship committee. Call the Rime Center at 816-471-7073 or email Lama Matt at [spiritualdirector@rimecenter.org](mailto:spiritualdirector@rimecenter.org) for details.

### Lama Rod, Cont.

of communities all over the world. This is part of systematic historical oppression that we have been subjected to for centuries. To disrupt the impact of oppression on our bodies and in our minds, how can we take up the profound teachings of Audre Lorde when she declares self-care as self-preservation making it an act of political warfare. In this warfare how are we inviting love and rage as partners that are helping us do the work of liberation? This will be a weekend of gentle yet direct exploration of how systematic oppression gets us stuck and how to move through this stuckness embracing the strategies of liberatory intersectional contemplative practice. We will also be exploring the role of wrathful compassion and Tantric anger as strategies to achieve liberation. Considered one of the leaders of the next generation of Dharma teachers, Lama Rod Owens has a blend of formal Buddhist training and life experience that gives him a unique ability to understand, relate and engage with those around him in a way that's spacious and sincere. His gentle, laid-back demeanor and willingness to bare his heart and soul makes others want to do the same. Even when seated in front of a room, he's next to you, sharing his stories and struggles with an openness vulnerability and gentle humor that makes you genuinely feel good about who you are, with all your flaws and foibles, you're lovable and deserving of happiness and joy. He invites you into the cross sections of his life as a Black, Queer male, born and raised in

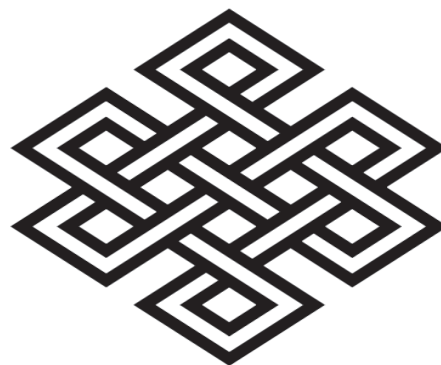


## Lha Bab Düchen, the 'Festival of the Descent from Heaven'

*October 31, 2018*

Lha Bab Düchen occurs on the 22nd day of the ninth Tibetan month. Buddha's mother Mayadevi was reborn in Indra's heaven. To repay her kindness and to liberate her, and also to benefit the gods, Buddha spent three months teachings in the realm of the gods. When he was about to return to this world, Indra and Brahma manifested three stairs of 80,000 yojanas each reaching this world in Sankisa. As the Buddha walked down the central one, they accompanied him to his left and right carrying umbrellas to honor him. He descended to earth in Sankisa,

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*Continued on Page 7*



## Rime Center Temple Benefit Concert



Pratimoksha Vows July 15, 2018  
L to R Cat Smallwood, Christy Markham,  
Scarlet Fox, Brianne Durham, Nicole  
Esquibel, Kevin Robinette, Fannie  
Mandelberger



Refuge Vows  
June 3, 2018





Geshe Thinley visited his former classmate Geshe Laden from the Ganden Shartse Thoesam Norling Monastery while they were on tour in Omaha, NE

## Lama Lena Retreat- Releasing Crickets



Lama Lena  
Retreat Participants



Lama Lena Visits the  
New Sangha site with  
Rime Board Members



**New Members  
August 15, 2018**  
L to R Cory Adams, Daily  
Fentes, Andrea Ganier,  
Matt Moshier, Harold  
Lacy, Jonathan Beals

### Welcome New Members!

When you become a member of the Rime Center, you not only become part of the sangha, but you demonstrate your support of the Center. The Rime Center recently welcomed this group of new members to the sangha. If you are interested in becoming a member of the Rime Center, look in the class schedule for information on new members' classes.

**New Members Sunday  
May 26, 2018**  
Left to Right: Derek Tucker, Ronda  
Straw, Terra Wolfe, Kelsey Voge,  
Christy Markham.



meditation, and practice. Based squarely on the Buddha's own words as preserved in the Pali Canon, these teachings bring clarity and simplicity to what is typically a thorny philosophical knot.

Santikaro was ordained in Thailand as a Theravada monk in 1985, and subsequently trained at Suan Mokkh with Buddhadasa Bhikkhu, a leading Thai teacher, scholar, and reformer of Theravada Buddhism. He lived in Thailand as a Buddhist monk for 16 years and now lives in Norwalk, Wisconsin, at Kevala Retreat. Kevala Retreat is a vehicle for Dhamma study, practice, and work and is located in a peaceful, natural environment for dedicated practice. As the founder of Liberation Park, Santikaro has fostered the practice of living simply and sustainably in this modern American expression of Buddhist practice, study, and social responsibility within community.

He is a founding member of Think Sangha, a community of socially engaged Buddhist

activists that has given special attention to the ethical and spiritual impact of consumerism and militarism. Santikaro led meditation retreats at Suan Mokkh for many years before returning to lay life. He continues to teach in the Buddhist tradition with an emphasis on the early Pali sources.

#### Schedule

Friday, September 14

7:30 pm – 9 pm - Introductory Teaching

Saturday, September 15

10:00 am – 12:00 pm

2:00 – 4:00 pm

Sunday, September 16

10:30 am – 12:00 pm - Sunday Service Dharma Talk

#### Suggested Fees

\$150 in advance of \$175 at the door.

These teachings are available to EVERYONE. We have "Suggested Fees," however pay whatever you can afford at the door. Everyone is welcome! It is our hope that some will pay more to cover those who can't afford the usual fee. We simply want everyone to come this weekend for these wonderful teachings.

## Member Profile

Christy Markham



**Hometown:** Blue Springs. I finished high school and then moved closer to the city. I enjoy being near and in the city much more, but also spend some time in the country at our family farm about 2 hours from KC.

**Your role at the Rime Buddhist Center?:** I have been attending Rime for 2 years now. I try to take every class offered and attend Sunday services often. I've studied Buddhism for many years and felt I needed to be a part of the Sangha more to cultivate my practice. I have taught a Mala making class at Rime, I loved it!

**Day Job:** An LPN currently with Jackson County Detention Center. I've been a nurse for over 12 years. I am also a yoga teacher when my normal day job allows.

**Description of your hobbies:** I enjoy reading, time with my children and family, road trips, making Malas, making a few furniture pieces for around the house with my son, studying, ayurveda, photography.

**What led you to the Dharma?:** I began my yoga journey when I was 16. This led to my studies of it's history and origin which brought me to meditation, then it's origins. I came upon Buddhism and many other Eastern studies, but felt a strong connection with Buddhist practices.

**Tell us something that most people don't know about you.:** I can drive a 53' tractor trailer. I obtained a CDL license many years ago! Funny! And I am a grandmother!

**What Buddhist Book would you recommend and why?:** The Heart of the Buddha's Teaching by Thich Nhat Than and Transforming Adversity into Joy and Courage by Geshe Jampa Tegchokby.

**Save the Date!!!**  
**Meditation for World Peace**  
**Dec 31st, 2018**  
**6:00 am**



series of Dying With Confidence trainings. Through the Dying with Confidence training program Anyen Rinpoche offers spiritual guidance and support to students who wish to face the moment of death fearlessly, openly, heartedly, and free of regret. These teachings will introduce students to practices unique to the Tibetan Buddhist tradition, forming the basis for lifelong practice that can assist them and others through illness, the dying process, and at the moment of death. Anyen Rinpoche was born in Amdo, Tibet. His lineage can be traced back directly to the renowned Dzogchen master Patrul Rinpoche, author of Words of My Perfect Teacher. Anyen Rinpoche's training included more than fourteen years of intensive study combined with solitary retreat before he obtained the degree of khenpo and became the head scholar of his monastic university in Kham, Tibet. Rinpoche is known for his profound understanding of the scriptures as well as his easy-to-understand interpretation of them. He has taught extensively in Tibet and China and now mentors students throughout Southeast Asia, Japan and North America.

#### Schedule

Friday, October 19

7:30 – 9:00 pm - Introductory Teachings

Saturday, October 20

10:00 am – 12:00 pm

2:00 – 4:00 pm

Sunday, October 21

10:30 am – 12:00 pm - Sunday Service Dharma Talk

#### Suggested Fees

\$150 in advance of \$175 at the door.

## Rime Social Justice Committee partners with The Innocence Project-Missouri

The Social Justice Committee is pleased to announce this fall's topic study will be wrongful convictions. On September 23rd, The Innocence Project will be in attendance for the Sunday service. On October 16th, the film screening will be *Time Simply Passes*. The film screening will begin at 7:45. The social justice book title for the fall is *Blind Injustice: A Former Prosecutor Exposes the Psychology and Politics of Wrongful Convictions*. The book will be for sale in the bookstore in September. Discussion of the book will be on November 13th. at 7:45pm. All are welcome to participate.

Lama Rod, From Page 3

the South, and heavily influenced by the church and its community. Lama Rod Owens was officially recognized by the Kagyu school of Tibetan Buddhism after receiving his teaching authorization from his root teacher the Venerable Lama Norlha Rinpoche (below) when he completed the traditional 3-year silent retreat program at Kagyu Thubten Chöling Monastery (KTC) outside of New York City. It was during this time that he dealt with years of past pain and trauma and found forgiveness and compassion for himself, what he views as a critical step before truly being able to help others.

#### Schedule

Friday, November, 16

7:30 pm – 9 pm Introductory Teaching

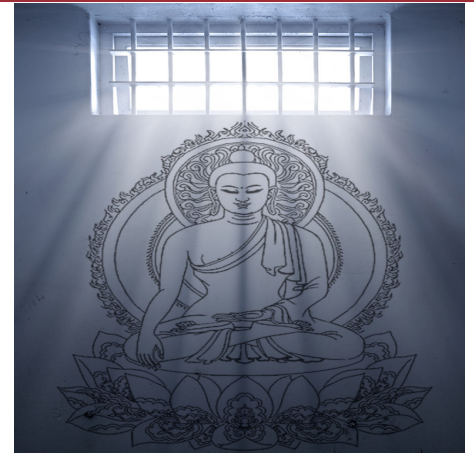
Saturday, November, 17

10:00 a.m. – 12:00 pm

2:00 – 4:00 pm

Sunday, November 18

10:30 am – 12:00 pm Public Talk



Lha Bab Düchen From Page 3

which is located in modern Uttar Pradesh, and which is counted among the eight holy places. The Rime Center will be hosting a series of pujas ceremonies and open meditation sessions as an opportunity for you to come in and meditate throughout the day at your own pace and time limit. The morning will start with participants receiving the 24 hour Mahayana vows and will have available open meditation sessions as an opportunity for you to come in and meditate throughout the day at your own pace and time limit. The evening will end with a special puja led by Geshe Thinley.



## Rime Buddhist Center

[www.rimecenter.org](http://www.rimecenter.org)

816-471-7073

700 West Pennway

Kansas City, MO 64108

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## calendar

	September						
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25	26	27	28	29	30	1	

**Remember the many Rime scheduled meditations: Monthly Half-day Retreats, Noon Meditations, Sunday service, Tuesday, Wednesday & Thursday evening practices.**

Sunday Service with Meditation: 10:30 a.m.–12 p.m. Childcare & Sunday School available.

Monday Zen Meditation 7-8 p.m.

Tuesday Green Tara Tantric Practice: 7-7:30 p.m. (upstairs)

Wednesday Meditation Instruction: 6:00 p.m.

Wednesday Meditation: 7–7:30 p.m.

Thursday Meditation: 6:00-6:45 pm (upstairs)

Thursday Medicine Buddha Tantric Practice: 7–7:30 p.m.

Noon Meditation: Monday - Friday, 12–12:30 p.m.

**Bodhi Bag prep: Wednesday 6:00pm Delivery: Sunday after Service 12:15pm**

**Second Saturday of Each Month: Half-Day Meditation retreat 9 a.m. - noon**

### September

**Santikaro – Under the Bodhi Tree: Buddha's Original Dependent Co-Arising Teachings**

**September 14 - 16th, 2018**

### October

**Anyen Rinpoche - “Ground of Compassion” Introductory teachings to the Dying with Confidence Series October 19 - 21, 2018**

**Lha Bab Düchen, the ‘Festival of the Descent from Heaven’**

**October 31, 2018,**

### November

**Lama Rod: Liberation Through Love and Rage**

**November 16 – 18, 2018**

\*Schedule subject to change, see weekly email for important updates.

Find us on Facebook!

“Rime Buddhist Center Community”

[www.rimecenter.org](http://www.rimecenter.org)

Dharma talk podcasts: <http://lama108.libsyn.com/>