

Hot Fun in the Summertime at the Rime Center

Increase your knowledge,
check out the class
schedule!



Orgyen Menla Empowerment and Teachings with Venerable Tulku Yeshe Rinpoche

June 14 – 16, 2019

We are delighted to welcome back Tulku Yeshe Rinpoche June 14 – 16th and give the Orgyen Menla empowerment and teachings. This particular practice is a form of Guru Rinpoche manifesting as a

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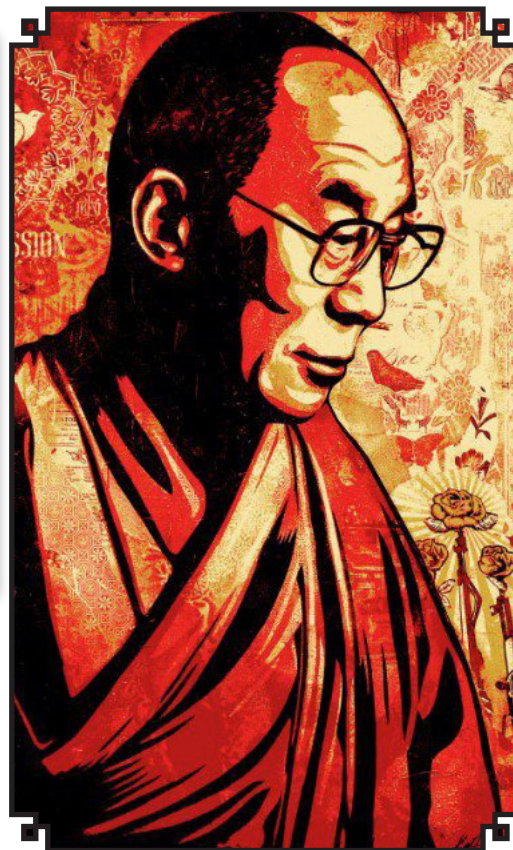


Teachings on the Twenty-One Taras with Lama Lena

July 19 – 21, 2019

We are delighted to welcome back Lama Lena to the Rime Center, July 19 through 21st. Lama Lena will be giving teachings on the Twenty-one Taras and leading us through guided practices. Tara embodies many of the qualities of feminine principle. She is the source, the female aspect of the universe, which gives birth to warmth, compassion and relief from suffering. This event is open to everyone, but please consider being a sponsor for this retreat for as

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White Tara Puja for HH Dalai Lama's 84th Birthday

July 6, 2019

Come join us as we celebrate His Holiness the Dalai Lama's 84th birthday Saturday July 6th at 6:00 pm. Ven. Geshe Tsewang Thinley will be performing a special Tsok Offering and White Tara Puja White Tara, the female Buddha

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These teachings are available to everyone regardless of ability to pay. We offer partial and full scholarships to those in need, so don't let lack of finances prevent you from attending. Download and print out our scholarship form at: www.rimecenter.org. Scholarship forms are not accepted by e-mail. Please submit them either by mail or at the Center. Scholarship forms need to be submitted in advance of the event. We have "suggested" fees however, pay what you can afford. Everyone is welcome! It is our hope that some will pay more to cover the those who cannot afford the fee. We simply want everyone to come enjoy these wonderful teachings.



meditations

by

Lama Matthew Rice (Lobpon Palden Gocha)

Lama Matthew Rice (Lobpon Palden Gocha) serves as the spiritual director of the Rime Buddhist Center that he administers on a day-to-day basis. In addition he teaches classes on meditation and Buddhism. He also serves as the Buddhist Director for the Greater Kansas City Interfaith Council. Lama Matt is very involved in homeless outreach. He works closely with other Rime members to ensure that the Homeless Outreach program runs smoothly and that it receives the needed supplies for those in need living on the streets.

Encouragement to Adopt a Nonsectarian Outlook

“Buddha, the greatest of spiritual friends, gave the most appropriate instructions to each and every being throughout space. His collected discourse is, as you might image, as deep as the ocean – very difficult to fathom.” - Shabkar Tsogdruk Rangdrol

As many of you know, the Rime Center is a non-sectarian Dharma Center; established that way by our founders Lama Chuck and Mary Stanford. Their vision for the Rime Center was of a place where people could come together to learn about Buddhism and find a refuge for the nurturing of inner peace, kindness, community understanding and world peace.

Many people, though, are unsure what exactly it means to be Rime. Is it a Tibetan lineage or school? Does it mean that we can take practices and methods from different traditions and make it our own, like we are making a salad? Unfortunately, it doesn't mean any of that.

What Rime does mean is that we recognize the value and benefit of multiple points-of-view and flavors of Buddhism. At the most fundamental level, Rime is expressed as a feeling of respect

based on faith in the different traditions. This is characterized by an open-minded approach, which longs to understand the distinguishing factors of different traditions. There is a sense of wanting to know more, to expand one's understanding and perspective. It is a process of investigation where the individual actively probes and tests different ideas.

As people progress with their understanding and develop a sense of stability in their view they then see how each tradition relates to the others and how they can bring benefit to different types of people. As the Rime yogi Shabkar Tsokdruk Rangdrol said,

“In the arya land of India, the teaching spread and came to include the eighteen schools of the shravakas, whereas in the snowy land of Tibet, we find the distinctive flavors or Sakya, Geluk, Nyingma, the Kagyu schools of Drukpa, Drikung, and Dakpa, Shije, Chod, Jonang, Bodong, and so on, each with its unique flavor and yet all committed to the fundamental teaching of Buddha.”...“Just because one teaching doesn't suit a particular individual, it doesn't mean it won't help anyone.”

As we begin our journey, it is important that we connect to the view and instructions passed on through our own lineages. This is crucial in maintaining authenticity of the teachings. The Rime Center has strong roots with the Nyingma, Kagyu, and Gelug traditions. We also have connections to the Thai Buddhist tradition thanks to our connection with Santikaro and the Zen tradition due to our connection with Maezen Miller.

I would encourage those who are new to Buddhism and the Rime Center to explore the vast ocean of the Buddhadharma with a nonsectarian outlook. Learn about the different flavors offered and explore them all. As you do this, you will find that some teachings suit you better than others. Once you discover that you should focus on those teachings. Again, Shabkar Tsokdruk Rangdrol said,

“To quench your thirst, there is no need to drink the entire stream; a few mouthfuls will suffice. Similarly, liberation can be achieved by practicing a few Dharma instructions; there is no need to practice them all”

His Holiness the Dalai Lama's advice to Westerners who

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Help Update Our Mailing List

If you would like to sign up for the weekly e-mail updates, no longer wish to receive mailings from the Rime Center or you have moved, contact us at: info@rimecenter.org or 816-471-7073.

Join a Committee

Joining a Rime Committee is an excellent way to contribute to the sangha and to become more involved with the Rime Center. If you are interested in becoming involved and serving on a committee, please contact the following chairs about coming to a meeting:

Gift Shop Committee

Stephanie Shirazi Sshirazi@gmail.com

Finance Committee

Vickie Cumberland vickie.cumberland@rimecenter.org

Membership Committee

Sergio Moreno membership@rimecenter.org

Dharma School Committee

Leslie Aguirre leslieaguirre321@gmail.com

Library Committee

William Hunter williamhunterkc@icloud.com

Prison Outreach

Andrea VanBecelaere prison.outreach@rimecenter.org

Community Outreach

Vickie Cumberland vickie.cumberland@rimecenter.org

Program Committee

Chair: Matt Rice spiritualdirector@rimecenter.org

Volunteer Coordinator

David Keeter volunteers@rimecenter.org

Newsletter Team

Nicole Esquibel, Matt Rice, Dani Dyal

Rime Board Members

Gabriele Otto, executive director and board chair

Teri Brody, secretary

Vickie Cumberland, treasurer

Matt Rice, spiritual director

Beniah Leuschke

Andrea Van Becelaere

Grievance Committee

Gabriele Otto

gabi.otto@rimecenter.org

Special Thanks

To Paul Kotz and FRD Communications for printing our newsletter.

Permission

Articles may be reprinted or reproduced with permission. Please contact Lama Matt Rice.

Financial Aid Available

Workshops and classes, as with all Dharma teachings, are available to EVERYONE regardless of ability to pay. Discounts, a limited number of scholarships and work/study programs are available to those in need. However, scholarship forms must be submitted one week prior to the start of the teachings for review by our scholarship committee. Call the Rime Center at 816-471-7073 or email Lama Matt at spiritualdirector@rimecenter.org for details.

HH Dalai Lama Birthday Cont.

of longevity. Tara is a completely enlightened buddha and as a young bodhisattva she promised always to appear in the form of a female bodhisattva and goddess for the benefit of all beings and especially to protect from the eight fears. In this white form she appears specifically for the purpose of bestowing longevity.

The practice of tsok, which is primarily a practice of offering. It is not just a practice of offering however; it is also a powerful method for purifying our samaya. Sometimes it is said that the best method for purifying samaya is the fire offering, and tsok practice is the 'inner fire offering.' Tsok is a very rich practice with many layers of meaning, and it can be practiced on various levels.

Chökhör Düchen August 4, 2019

Chökhör Düchen, the 'Festival of Turning the Wheel of Dharma'. It occurs on the fourth day of the sixth Tibetan lunar month. For seven weeks after his enlightenment, Buddha did not teach. Finally, encouraged by Indra and Brahma, he turned the Wheel of Dharma for the first time, at Sarnath, by teaching the 'Four Noble Truths'.

The monks of the Drepung Gomang Monastery will be performing a special puja during the Sunday Service to commemorate the Festival of Turning the Wheel of Dharma. The Rime Center will be open after the Sunday Service for you to come in and meditate at your own pace and time limit.



Saga Dawa Celebration

June 17, 2019

Saga Dawa Duchen is one of the most important sacred Buddhist days. The full moon day of fourth Tibetan month is commemorates Lord Buddha's birth, enlightenment and parinirvana (passing away). All the merits of virtues actions done on this day are multiplies on hundred million times.

The Rime Center will be hosting a special puja to commemorate Saga Dawa Duchen beginning at 7:00 pm and will be led by Geshe Lharampa Tsewang Thinley.



FIRST FRIDAYS

AT THE RIME BUDDHIST CENTER

SPACE IS LIMITED

7 - 9 PM

May 3rd - Images of Enlightenment

June 7th - Setting Up a Buddhist Shrine

July 5th - Mala Workshop

August 2nd - Tibetan Cooking with the Drepung Gomang Monks

September 6th - Torma Workshop

illuminations



Left to Right: Natasha and Bodhi Ashford, John Glock

Welcome New Members!

When you become a member of the Rime Center, you not only become part of the sangha, but you demonstrate your support of the Center. The Rime Center recently welcomed this group of new members to the sangha. If you are interested in becoming a member of the Rime Center, look in the class schedule for information on new members' classes.



Lama Matt talks about Buddhism at Hallmark



Kum Nye Retreat Participants



PeaceWorks KC Event at the Rime Center



Refuge Vows Jan 9, 2019 L to R: Michelle Huber Lisa Smith and Ruth Cook



Refuge Vows L to R: Eric Hulse, Tina Montano, Denise Ananda, Hans von Rautenfeld



Refuge Vows L to R: Patricia Bowden Matt Moshier



World Peace Meditation December 31, 2018



Lama Lena From Page 1

little at \$150. Your sponsorship will ensure everyone can attend these wonderful teachings. Practice sessions will include both indoor and outdoor practices. The teaching sessions will build upon themselves so participants are required to attend Friday evening session if they want to attend the Saturday morning session and you must attend Saturday morning to attend Saturday afternoon.

Lama Lena is a highly accomplished yogini in the Dzogchen tradition who will deliver very clear and accurate teachings on Dzogchen. She is accessible, easy to relate to, open to questions, and willing to deal directly with many of the questions to which we are seeking answers. When she is not traveling, teaching, or translating, she works providing

Tulku Yeshe From Page 1

Buddha of Medicine. Medicine Buddha's primary motivation is to completely remove physical and mental suffering from all sentient beings in general, but primarily mental and physical illness caused through the imbalance of the elements.

Tulku Yeshe Rinpoche is a Dzogchen master and the reincarnation of Dzogchen Gyaltsab Thodro Rinpoche. He was recognized by Kyabje Trulshig Rinpoche. He has received teachings from over forty masters representing all five schools of Tibetan Buddhism, Nyingma, Kagyu, Sakya, Gelug, and Shiji (or Chod). Tulku Yeshe has authored fifteen books on subjects of Tibetan Buddhism and culture. He also writes

Lama Lena cont.

medical assistance to the Tibetan refugee community as well as the local Indian villagers and mountain tribes people. At the request of H.E., Zigar Choktrul Rinpoche and Ven. Wangdor Rinpoche, as well as many Western and Tibetan dharma students, she has been traveling and teaching from the lineages she holds in an informal style that is humorous, artful, and well worth experiencing.

Schedule

Friday, July 19

7:30 – 9:30 pm Introduction to the 21 Taras

Saturday, July 20

11:00 am – 1:00 pm Outdoor Session

3:00 – 5:00 pm Final Indoor Session

Sunday, July 21

10:30 am Sunday Service
Dharma Talk

Tulku Yeshe, Cont.

novels, poetry for mind training and how to enjoy life.

Schedule

Friday, June 14

7:30 – 9:30 pm Introduction to Orgyen Menla Practice

Saturday, June 15

10:00 a.m. – 12:00 pm Orgyen Menla Empowerment

2:00 – 4:00 pm Teachings on Orgyen Menla

Sunday, June 16

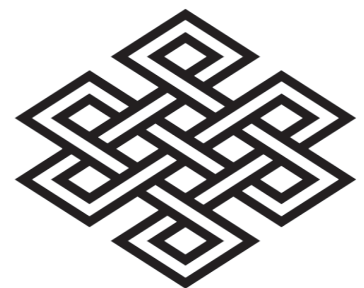
10:30 am Sunday Service
Dharma Talk

This event is open to everyone, but please consider being a sponsor for this retreat for as little at \$150. Your sponsorship will ensure everyone can attend these wonderful teachings.

Meditations From Page 2

are practicing Buddhism is, "I would like to insist upon the importance of non-sectarianism. It sometimes happens that people attribute an exaggerated importance to one or another of the different schools and different traditions within Buddhism, and this can lead to an accumulation of extremely negative acts with regard to the Dharma. The advantage of non-sectarianism is that after receiving the transmission of the instructions, initiations, and explanations pertinent to each different tradition, we will be able to have a better understanding of the different teachings. From my own experience, this is without doubt very beneficial. Consequently, if we keep a non-sectarian attitude, as we receive teachings from different traditions, think about them, and put them in practice, it is certain we will improve our understanding of the Dharma. This is why non-sectarianism is so important."

If you want to learn more about the Rime philosophy, I would encourage you to read the newly released book, *Emanated Scripture of Manjushri* by Shabkar Tsongdruk Rangdrol. Many of the quotes in this article came from his chapter on 'Encouragement to Adopt a Nonsectarian Outlook'.





Rime Buddhist Center

www.rimecenter.org

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700 West Pennway

Kansas City, MO 64108

Return Service Requested

Spring Cleaning and Meditation Garden Update



calendar

	S	M	T	W	T	F	S
May	28	29	30	1	2	3	4
	5	6	7	8	9	10	11
	12	13	14	15	16	17	18
	19	20	21	22	23	24	25
	26	27	28	29	30	31	1
June	2	3	4	5	6	7	8
	9	10	11	12	13	14	15
	16	17	18	19	20	21	22
	23	24	25	26	27	28	29
July	30	1	2	3	4	5	6
	7	8	9	10	11	12	13
	14	15	16	17	18	19	20
	21	22	23	24	25	26	27
	28	29	30	1	2	3	4

*Schedule subject to change, see weekly email for important updates.

Find us on Facebook!
"Rime Buddhist Center Community"

Remember the many Rime scheduled meditations: Monthly Half-day Retreats, Noon Meditations, Sunday service, Tuesday, Wednesday & Thursday evening practices.

Sunday Service with Meditation: 10:30 a.m.–12 p.m. Childcare & Sunday School available.

Monday Zen Meditation 7-8 p.m.

Tuesday Green Tara Tantric Practice: 7-7:30 p.m. (upstairs)

Wednesday Meditation Instruction: 6:00 p.m.

Wednesday Meditation: 7–7:30 p.m.

Thursday Meditation: 6:00-6:45 pm (upstairs)

Thursday Medicine Buddha Tantric Practice: 7–7:30 p.m.

Noon Meditation: Monday - Friday, 12–12:30 p.m.

Bodhi Bag prep: Wednesday 6:00pm Delivery: Sunday after Service 12:15 p.m.

Second Saturday of Each Month: Half-Day Meditation retreat 9 a.m. - noon

May

Sangha Social – Nelson Atkins Museum

May 12, 2019

June

Orgyen Menla Empowerment and Teachings with Venerable Tulku Yeshe Rinpoche

June 14 – 16, 2019

Saga Dawa Celebration

June 17, 2019

July

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