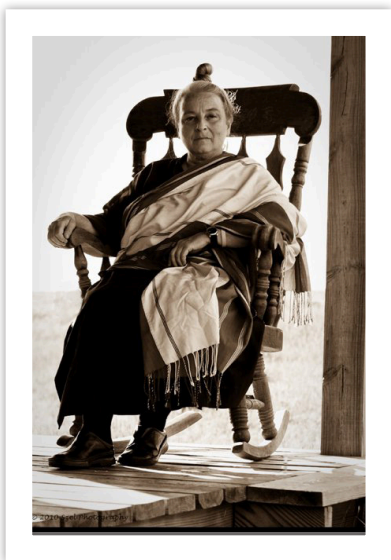




Summer is heating up at The Rime Center



Lama Lena Returns

Patrul Rinpoche's Hitting the Essence in Three Words – June 15-17, 2018

We are delighted to welcome back Lama Lena to the Rime Center, June 15 through 17. Lama Lena will be teaching on Patrul Rinpoche's *Hitting the Essence in Three Words*. These simple, direct Dzogchen instructions are said to be the concentrated essence of the Buddha's teaching. Lama Lena will give us the means to meet our own natural state face-to-face. Lama Lena is a highly accomplished yogini in the Dzogchen tradition who will deliver very clear and accurate teachings on Dzogchen. She

Lama Lena continued on Page 3

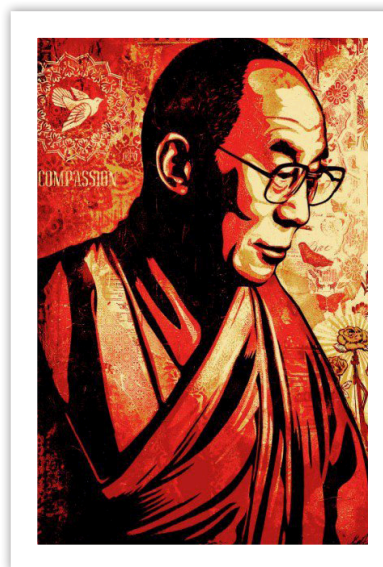


Chökhör Düchen, the 'Festival of Turning the Wheel of Dharma'

July 16th, 2018

Chökhör Düchen, the 'Festival of Turning the Wheel of Dharma'. It occurs on the fourth day of the sixth Tibetan lunar month. For seven weeks after his enlightenment, Buddha did not teach. Finally, encouraged by Indra and Brahma, he turned the Wheel of Dharma for the first time, at Sarnath, by teaching the 'Four Noble Truths'. The Rime Center will be hosting a special puja to commemorate the Festival of Turning the Wheel of Dharma and will be open during

Chökhör Düchen continued on Page 3



Dalai Lama Birthday Celebration

July 6, 2018

Come join us as we celebrate His Holiness the Dalai Lama's 83rd birthday Friday July 6th at 6:30 pm. Geshe Tsewang Thinley will be performing a special Tsok Offering and White Tara Puja at 6:30 pm. After the ceremony we will have a potluck, so please bring dish to share.

White Tara, the female Buddha of longevity. Tara is a completely enlightened Buddha and as a young bodhisattva she promised always to appear in the form of a female bodhisattva and goddess for the benefit of all beings and

Birthday Celebration continued on Page 2



meditations

by

Lama Matthew Rice (Lobpon Palden Gocha)

Lama Matthew Rice (Lobpon Palden Gocha) serves as the spiritual director of the Rime Buddhist Center that he administers on a day-to-day basis. In addition he teaches classes on meditation and Buddhism. He also serves as the Buddhist Director for the Greater Kansas City Interfaith Council. Lama Matt is very involved in homeless outreach. He works closely with other Rime members to ensure that the Homeless Outreach program runs smoothly and that it receives the needed supplies for those in need living on the streets.

Invitation to Rime Temple Fundraiser

It is with joyous heart that I share with you the news that with the support of the Sangha the Rime Board has purchased land for the future home of the Rime Center. We invite you to participate in a truly unique project – building the first Tibetan Buddhist Temple here in Kansas City. We are asking for your help in raising \$150K for the down payment on the construction loan for the temple. Support us as we open the doors of lovingkindness to a community in need, while employing principles of access for all abilities and in the spirit of responsible financial husbandry.

The Temple will be a warm-hearted and welcoming home for Buddhists and non-Buddhists alike – especially members of the New Hope neighborhood surrounding the property at 1616 East 30th

Street. We will support our neighbors in creating commonwealth by providing gathering spaces and planting a Meditation Grove. The Meditation Grove will nourish the body with communal fruit trees and nourish the mind with a peaceful, contemplative green space.

Have you had the opportunity over the last couple of decades to visit the Rime Buddhist Center at 700 W. Pennway in Kansas City, MO? If you have, then you are familiar with challenging stairs that pave the path to our welcoming hearts. Although we have an alternative entrance with a chairlift, the facility lacks accessible necessities (such as the restrooms). Our new home will be gracefully accessible for individuals of all abilities.

Building a temple inspired by the

Rime Tibetan tradition is not a just a wish, it is a necessity. The lease on the Pennway property expires in late 2019. Given property values in the area, it is reasonable to anticipate a large increase in rent. Currently, rent and utilities run about \$5,000. Do we invest tens of thousands of dollars to improve a leased property to create accessibility and pay increased rent, or do we build our own center inclusive of everyone? The current amount budgeted would easily cover the payment on the new temple including utilities. We, the members of the Rime, are devoted to expanding our community and building our own home.

Birthday Celebration, From Page 1

especially to protect from the eight fears. In this white form she appears specifically for the purpose of bestowing longevity.

The practice of tsok, which is primarily a practice of offering. It is not just a practice of offering however; it is also a powerful method for purifying our samaya. Sometimes it is said that the best method for purifying samaya is the fire offering, and tsok practice is the 'inner fire offering.' Tsok is a very rich practice with many layers of meaning, and it can be practiced on various levels. We will have a pot luck after the service so please bring a vegetarian dish to share.



Help Update Our Mailing List

If you would like to sign up for the weekly e-mail updates, no longer wish to receive mailings from the Rime Center or you have moved, contact us at: info@rimecenter.org or 816-471-7073.

Join a Committee

Joining a Rime Committee is an excellent way to contribute to the sangha and to become more involved with the Rime Center. If you are interested in becoming involved and serving on a committee, please contact the following chairs about coming to a meeting:

Gift Shop Committee

Daniel Scharpenburg Daniel.scharpenburg@gmail.com

Finance Committee

Vickie Cumberland vickie.cumberland@rimecenter.org

Membership Committee

Sergio Moreno membership@rimecenter.org

Dharma School Committee

Brianna Durham bhdurhamlv@yahoo.com

Library Committee

William Hunter williamhunterkc@icloud.com

Prison Outreach

Andrea VanBecelaere prison.outreach@rimecenter.org

Community Outreach

Vickie Cumberland vickie.cumberland@rimecenter.org

Program Committee

Chairs: Matt Rice spiritualdirector@rimecenter.org

Volunteer Coordinator

Lora Lee Reese volunteers@rimecenter.org

Newsletter Team

Nicole Esquibel, Matt Rice

Rime Board Members

Gabriele Otto, executive director and board chair

Teri Brody, secretary

Vickie Cumberland, treasure

Matt Rice, spiritual director

Beniah Leuschke

Andrea VanBecelaere

Grievance Committee

Gabriele Otto

Sistagsunsetreggae@gmail.com

Special Thanks

To Paul Kotz and FRD Communications for printing our newsletter.

Permission

Articles may be reprinted or reproduced with permission. Please contact Lama Matt Rice.

Financial Aid Available

Workshops and classes, as with all Dharma teachings, are available to EVERYONE regardless of ability to pay. Discounts, a limited number of scholarships and work/study programs are available to those in need. However, scholarship forms must be submitted one week prior to the start of the teachings for review by our scholarship committee. Call the Rime Center at 816-471-7073 or email Lama Matt at spiritualdirector@rimecenter.org for details.

Lama Lena From Page 1

is accessible, easy to relate to, open to questions, and willing to deal directly with many of the questions to which we are seeking answers. When she is not traveling, teaching, or translating, she works providing medical assistance to the Tibetan refugee community as well as the local Indian villagers and mountain tribes people. At the request of H.E., Zigar Choktrul Rinpoche and Ven. Wangdor Rinpoche, as well as many Western and Tibetan dharma students, she has been traveling and teaching from the lineages she holds in an informal style that is humorous, artful, and well worth experiencing.

Schedule

Friday, June 15

7:30 – 9:30 pm Introduction

Saturday, June 16

10:00 am – 12:00 pm 1st

Dzogchen Teaching

2:00 – 4:00 pm 2nd Dzogchen

Teaching

Sunday, June 17

10:30 am Sunday Service

Dharma Talk

Suggested Fees

\$150 in advance; \$175 at the door

These teachings are available to EVERYONE. We have “Suggested Fees,” however pay whatever you can afford. Everyone is welcome! It is our hope that some will pay more to cover those who can’t afford the usual fee. We simply want everyone to come this weekend for these wonderful teachings.

Chökhör Düchen, From Page 1

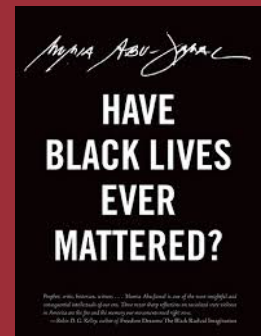
the day for you to come in and meditate at your own pace and time limit. The Special Puja will begin at 7:00 pm and will be led by Geshe Lharampa Tsewang Thinley.

Rime New Temple Benefit Concert



Gerald Trimble, viola da gamba innovator and Kansas City native, is the primary exponent of a new style of playing an ancient instrument. His visionary and virtuosic playing combines Celtic, Eastern and Early Music influences with modern techniques and improvisational skills that span several centuries – from Baroque to jazz – seamlessly uniting the entire continuum. Gerald Trimble and Jambaroque will perform for a concert at Rime Buddhist Center on July 20th to benefit the New Temple project. Showtime: 8 pm to 10 pm.

Rime Social Justice Committee BOOK DISCUSSION



May 22-7:45



illuminations



**Chod Empowerment and Teachings
with Venerable Tulku Yeshe
Rinpoche
March 9 – 11, 2018**



**Zen Retreat with
Karen Maezen Miller
April 13-15, 2018**



Tibetan New Year (Losar) Celebration February 16, 2018



**Tulku Yeshe at New
Rime Property**



**Church of the Resurrection Visit as part of their
Religions of the World Immersive Study Class**



Pointing Out the View with Younge Khachab Rinpoche

Join Younge Khachab Rinpoche for a weekend of teachings and meditation instruction. Rinpoche will be giving teachings on the essence of the Mahayana and introduce the unique Dzogchen view and meditation. Rinpoche is well known as a Rime scholar and his mastery of giving extensive and practical instructions based on his vast study and personal experience. This is an incredible opportunity to receive teachings and instruction from a true Dzogchen master.

Schedule

NO TEACHINGS ON FRIDAY

Saturday, May 12

10:00 a.m. – 12:00 pm Teaching Session 1

2:00 – 4:00 pm Teachings Session 2

Sunday, May 13

10:30 am Sunday Service Dharma Talk

12:30 – 3 pm – Teaching Session 3

Suggested Fees

\$150 in advance; \$175 at the door

These teachings are available to **EVERYONE**. We have “Suggested Fees,” however pay whatever you can afford. Everyone is welcome! It is our hope that some will pay more to cover those who can’t afford the usual fee. We simply want everyone to come this weekend for these wonderful teachings.

Member Profile

Shea Geist



Hometown: Kansas City, MO. Grew up around the corner from Rime with lots of family and important life events at Our Lady of Guadalupe.

Your role at the Rime Buddhist Center?: Member, Volunteer, Student

Day Job: My husband, Geoff, and I have a startup called Shark Off. We make shark repellent surfware jewelry. 100% effective in the KC metro area! I am Boss Momma (aka CEO) and he is Big Kahuna (aka COO). We are excited about helping people lose the fear and love the ocean.

Description of your hobbies:

Volunteering, reading, Netflix bingeing, doula-ing, feng shui, archery, triathlons.

What led you to the Dharma?

I was teaching and practicing Black Sect Tantric Buddhist Feng Shui. I thought I should understand what that really meant. Geoff and I also wanted our son, Max, to have a foundation in “faith” community that truly valued humans. We took the Basics of Buddhism class in the fall of 2016 and found a home in Rime. We desperately try to quiet our chattering monkey minds a couple of times a week with our sangha.

Tell us something that most people don’t know about you.

I got to rip the door off a car with the jaws of life! And I caught my sister’s last baby. Mothers deliver babies, doulas catch babies (only when the midwife is late).

What Buddhist Book would you recommend and why?

Buddhism is Not What You Think It Is by Steve Hagen

Sangha Voices

A few months ago, I took Jukai with Karen Maezen Miller at the Hazy Moon Zen Center in Los Angeles. This sounds kind of exotic, but really it's not. Maezen is my teacher. Los Angeles is where she practices. It's as simple as that. Lama Matt asked me to write a few words, so here goes.

First of all, whether it's Tibetan or Zen, Buddhism is Buddhism. It all comes from the same place. Jukai is the Zen equivalent of the Refuge Ceremony and the Bodhisattva Precepts. During the ceremony, the student takes vows to "Be one with the Buddha. Be one with the Dharma. Be one with the Sangha." And then commits to following The Three Pure Precepts and The Ten Grave Precepts. The teacher then asks, "Will you maintain them well? Will you maintain them well? Will you really maintain them well." I had piddled around for almost a year between the time I told Maezen I would like to take Jukai and when I actually did, and I had a lot of time to think about the vows and if I could really maintain them well. She told me that the vows were not commandments, but the path to end suffering. It's a subtle shift in perception, but one I can't stop thinking about. Nyogen Roshi said, "Precepts are not prohibitions based upon Judeo-Christian standards, they are a statement of why we suffer".

By taking Jukai with a teacher, you are also committing to a formal relationship with that teacher. I have appreciated and admired Maezen's wisdom from the first time she came to The Rime Center and gave a dharma talk, probably ten or eleven years ago. I have attended many retreats since then and each time, the connection with my teacher deepens. But I have never felt that connection as strongly as when she handed me my Rakusu during Jukai. We were, at that instant, one. One with the Buddha, the dharma and the sangha. Transmission of the dharma.

The Rakusu is a bib-like garment, an abbreviated robe, made of many small pieces of black cloth sewn together. This is symbolic of an ancient custom where upon entering the Buddhist Sangha, a person's robes were made of discarded cloth gleaned from the town dump. In the Zen tradition, putting on the Rakusu for zazen or for service is a renewal of the vows.

My name is Reiju. My practice is counting my breath.

by Vickie Reiju Cumberland



Saga Dawa Düchen

May 29th, 2018

Saga Dawa Duchen is one of the most important sacred Buddhist days. The full moon day of fourth Tibetan month is commemorates Lord Buddha's birth, enlightenment and parinirvana (passing away). All the merits of virtues actions done on this day are multiplies on hundred million times.

The Rime Center will be hosting a special puja to commemorate the Festival of Turning the Wheel of Dharma and will be open during the day for you to come in and meditate at your own pace and time limit. The Special Puja will begin at 7:00 pm and will be led by Geshe Lharampa Tsewang Thinley.



Rime Buddhist Center

www.rimecenter.org

816-471-7073

700 West Pennway

Kansas City, MO 64108

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calendar

| | S | M | T | W | T | F | S |
|------|----|----|----|----|----|----|----|
| May | 30 | 31 | 1 | 2 | 3 | 4 | 5 |
| | 6 | 7 | 8 | 9 | 10 | 11 | 12 |
| | 13 | 14 | 15 | 16 | 17 | 18 | 19 |
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| June | 3 | 4 | 5 | 6 | 7 | 8 | 9 |
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| | 29 | 30 | 31 | 1 | 2 | 3 | 4 |

*Schedule subject to change, see weekly email for important updates.

Find us on Facebook!
"Rime Buddhist Center Community"

Remember the many Rime scheduled meditations: Monthly Half-day Retreats, Meditations, Sunday service, Tuesday, Wednesday & Thursday evening practices.

Sunday Service with Meditation: 10:30 a.m.–12 p.m. Childcare & Sunday School available.

Monday Zen Meditation: 7-8 p.m.

Tuesday Green Tara Tantric Practice: 7-7:30 p.m. (upstairs)

Wednesday Meditation Instruction: 6:00 p.m.

Wednesday Meditation: 7–7:30 p.m.

Thursday Meditation: 6:00-6:45 pm (upstairs)

Medicine Buddha Tantric Practice: 7–7:30 p.m.

Noon Meditation: Monday - Friday, 12–12:30 p.m.

Bodhi Bag prep: Wednesday 6:00pm Delivery: Sunday after Service 12:15pm

Second Saturday of Each Month: Half-Day Meditation retreat 9 a.m. - noon

May

Younge Khachab Rinpoche VII

May 12-13, 2018

Saga Dawa Düchen

May 29th, 2018

June

Lama Lena

Patrul Rinpoche's Hitting the Essence in Three Words –June 15-17, 2018

July

Dalai Lama Birthday Celebration

July 6, 2018

Chokhor Düchen, the 'Festival of Turning the Wheel of Dharma'

July 18th, 2016

Note about all Teachings:

Teachings are available to EVERYONE. We have "Suggested Fees," however pay whatever you can afford. Everyone is welcome! It is our hope that some will pay more to cover those who can't afford the usual fee. We simply want everyone to come for these wonderful teachings.