



WINTER/SPRING | 2023

THE RIME JEWEL

THE OFFICIAL NEWSLETTER OF THE RIME BUDDHIST CENTER



37TH ANNUAL WORLD PEACE MEDITATION

DECEMBER 31, 2022 @ 6:00 AM

ST. MARKS HOPE AND PEACE LUTHERAN CHURCH

3800 TROOST AVE, KANSAS CITY, MO 64109

At noon Greenwich time, December 31, 1986, men, women, and children around the world gathered to participate in the most comprehensive prayer activity in the history – a planetary affirmation of peace, and love, forgiveness and understanding involving millions of people in a simultaneous global mind link. In 1986 Fred Culver of the World Center For Global Community began this tradition here in Kansas City where it has been held each year since.

Join us as we gather to continue the work that Fred Culver and others around the world began. Affirming for the new year peace, love, forgiveness and understanding.

The program will consist of religious observances from various cultures and faith traditions including Native American smudging, Tibetan Buddhist chanting and meditation, Christian prayer, devotional music, and the Muslim “call to prayer.” Members of the Greater Kansas City Interfaith Council will offer a prayer for peace from each of their faith traditions.

IN THIS MONTH'S ISSUE:

BODHISATTVA AWARD WINNER - 2

HOLIDAYS AT RIME - 3

ILLUMINATIONS - 4

**UPCOMING EVENTS AND
CLASSES - 6**

**108 DAY BODHISATTVA
CHALLENGE - 8**

SOCIAL JUSTICE COMMITTEE - 9



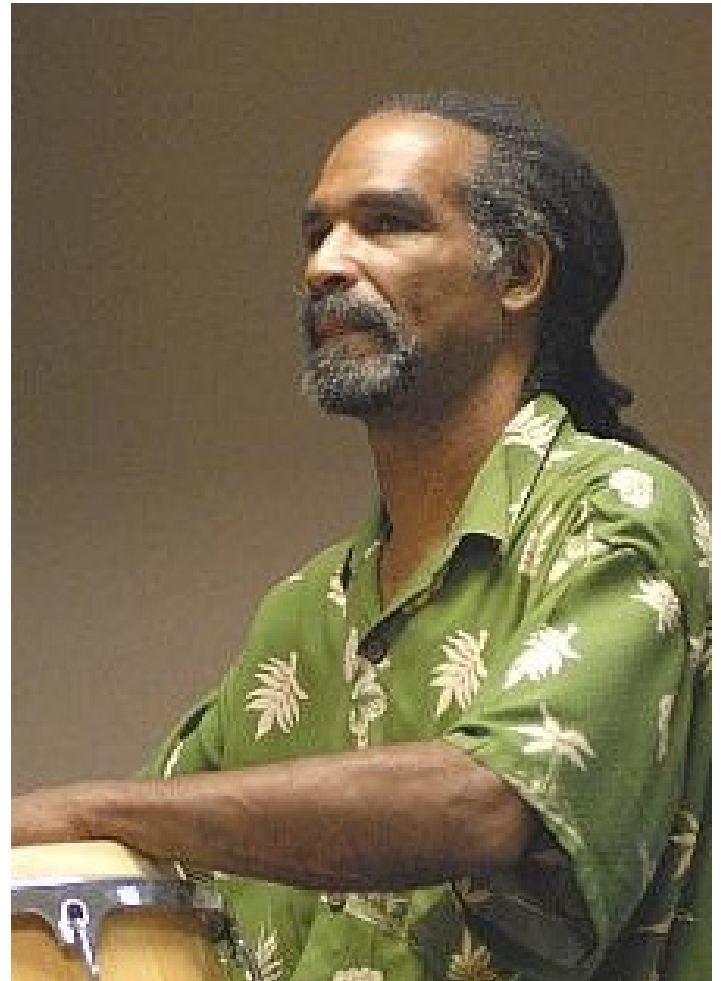
"The sutras ask, where do the buddhas come from? And the answer in the sutras is, they come from ego. What does this mean? This means that realization comes from our ability to expand our sense of self-care and longing for happiness to include others. This is the business of a bodhisattva."
- Dzigar Kongtrul Rinpoche

BODHISATTVA AWARD BIRD FLEMING

A highlight of the event will be the presentation of the Bodhisattva Award to Bird Fleming of the Traditional Music Society. Bird Fleming is a professional percussionist, educator, and performer. As founder and Artistic Director of the Traditional Music Society, he is not only an educator and performer, but also a world music liaison for area educational organizations. He has collaborated with many institutions in the Kansas City area such as the Kansas City Missouri School District, St. Vincent's Operation Breakthrough, the Kansas City Friends of Alvin Ailey, Young Audiences, Accessible Arts, the Jackson County Family Courts, the American Jazz Museum, the Kansas City Art Institute, and the University of Missouri-Kansas City. Additionally, Mr. Fleming had the distinction of assisting with the development of the core music curriculum for the Kansas City School District as ethnic music advisor in 1996. He currently teaches World Music as an adjunct professor at Longview Community College in Lee's Summit, Missouri.

The Bodhisattva Award is given to a member or organization in the Kansas City area as a token of recognition for their work in making the Kanas City community a better place. The award recipients are those who engender the ideals of a Bodhisattva, working to alleviate the suffering of others through compassion, loving-kindness, and wisdom.

KEYNOTE ADDRESS



The Keynote address will be given by Rev. Donna Simon. Pastor Donna Simon is a Midwesterner by birth, though she has spent much of her life on the West Coast. She is a graduate of San Francisco State University and Pacific Lutheran Theological Seminary in Berkeley, California. Pastor Donna was called into the ministry from a volunteer position as church youth director at Messiah Lutheran Church, Redwood City, California. While attending seminary, she came out as a lesbian. Because the Evangelical Lutheran Church in America did not allow the ordination of openly gay and lesbian candidates, she joined the roster of Lutheran Lesbian and Gay Ministries, now known as Extraordinary Lutheran Ministries. In 2016, she earned her Doctorate of Ministry from Luther Seminar in St. Paul, Minnesota.

Holidays at the Rime Center



LOSAR

February 21, 2023

Losar means New Year in Tibetan. The word is composed of two characters: lo and sar. Lo means 'year' and sar means 'new'. It is the first day of the first month of the Tibetan lunar calendar.

[Read more about the days events.](#)

CHOTRUL DÜCHEN

March 7, 2023 starting at 6am

Chotrul Düchen, the 'Festival of Miracles' is one of the the four Buddhist holidays. The Rime Center will be open during the day for you to come in and meditate at your own pace and time limit.

[Read more about the days events.](#)



Illuminations

A look back at the happenings at the Rime Center in Pictures



Tulku Yeshe Rinpoche gives teachings on Phowa, transference of consciousness and gave the Amitabha and Amitayus empowerments.

Ven. Tulku Yeshe

Rinpoche's

Tulku Yeshe Rinpoche gave the Dharma talk during the Sunday Service. Pictured are sangha members and others in attendance during the Sunday Service with Rinpoche.



Visit to Rime

Tulku Yeshe Rinpoche visits the Rime Center for a sangha potluck after the Sunday Service. Rinpoche is pictured in front of the Rime's shrine.



Table of Faiths

Lama Matt and other members of the Rime Center took part in the Greater Kansas City Interfaith Council's Table of Faiths event. Pictured are Emily Akins, Sergio C. Moreno-Denton, Bryan Boring Van Unen, Gabi Otto, and Dave Black.

Lama Matt and other community and faith leaders spoke at the 'Stand with Dialogue Institute and Raindrop Against Hate and Justice' event. This event was convened after the nonprofit Dialogue Institute and Raindrop Foundation was targeted with vandalism. The event was a demonstration of solidarity and holding a vision of a peaceful and loving world.



Stand with Dialogue Institute and



Raindrop Foundation

Lama Matt was with other members of SevenDays who gave a Kindness Basket to Eyyup Esen of the Dialogue Institute. Pictured with Lama Matt is Ruth Bigus, Bill Tammeus, Eyyup Esen, Muhammad Chaudry, and Inas Younis.

Upcoming Events and Classes

The Rime Center's classes and events are available to EVERYONE. The classes have "Suggested Fees," however pay whatever you can afford for the class. Everyone is welcome! It is our hope that some will pay more to cover those who can't afford the usual fee. We simply want everyone to have access to these wonderful classes and events. All classes except the Meditation Workshop will be held online using Zoom.



END OF THE YEAR MEDITATION WORKSHOP DECEMBER 28, 2022 @ 7PM

OM for the Holidays? Start the new year out with mindfulness. In this workshop you will be introduced to the practice of meditation. This event is free and will be at Plaza Library Large Meeting Room. [Read more...](#)



37TH ANNUAL WORLD PEACE MEDITATION DECEMBER 31, 2022 @ 6AM

Join us as we celebrate peace! The Rime Center will host the 37th Annual World Peace Meditation, December 31st, at 6:00 am. This event is free and open to everyone, but space is limited, so please RSVP. [Read more...](#)



108 DAY BODHISATTVA CHALLENGE JANUARY 4, 2023 @ 7:30PM

This challenge will be practice intensive for those who want to apply their understanding of Bodhicitta with daily practice. We welcome new students. This event will be in-person with an online option available. [Read more...](#)



HALF DAY MEDITATION RETREAT JANUARY 7, 2023 @ 9M

Designed to be accessible for all levels of learning, this retreat will focus on developing shamatha (calm abiding) using the guided meditations of B. Alan Wallace. This event will be in-person with an online option. [Read more...](#)



HALF DAY ZEN MEDITATION RETREAT FEBRUARY 4, 2023 @ 9AM

Join us for the Rime Center's Zen style retreat. We will follow the practice taught by visiting teacher, Karen Maezen Miller, with a brief instruction at the beginning of the meditation. This event will be in-person with an online option. [Read more...](#)



PREPARING FOR THE REFUGE VOWS FEBRUARY 5, 2023 @ 1:30PM

This class is for anyone who is contemplating on taking the refuge vows. The aim of this class is to provide the student with the understanding the what, why and how before making the commitment to take the refuge vows. [Read more...](#)

Upcoming Events and Classes

The Rime Center's classes and events are available to EVERYONE. The classes have "Suggested Fees," however pay whatever you can afford for the class. Everyone is welcome! It is our hope that some will pay more to cover those who can't afford the usual fee. We simply want everyone to have access to these wonderful classes and events. All classes except the Meditation Workshop will be held online using Zoom.



HALF DAY MEDITATION RETREAT MARCH 4, 2023 @ 9M

Designed to be accessible for all levels of learning, this retreat will focus on developing shamatha (calm abiding) using the guided meditations of B. Alan Wallace. This event will be in-person with an online option. [Read more...](#)



CHOTRUL DÜCHEN, THE 'FESTIVAL OF MIRACLES' MARCH 7, 2023 @ 6PM

The Rime Center will be open during the day for you to come in and meditate at your own pace and time limit. A special puja to commemorate Chotrul Düchen beginning at 6:00 pm. [Read more...](#)



HALF DAY MEDITATION RETREAT APRIL 1, 2023 @ 9AM

Designed to be accessible for all levels of learning, this retreat will focus on developing shamatha (calm abiding) using the guided meditations of B. Alan Wallace. This event will be in-person with an online option [Read more....](#)



PREPARING FOR THE BODHISATTVA VOWS APRIL 19, 2023

This class is for anyone who is contemplating on taking the Bodhisattva vows. Taking the Bodhisattva vows one commits to follow the path of a bodhisattva, one who works to lead all sentient beings to perfect enlightenment. [Read more...](#)



FREE MEDITATION WORKSHOP APRIL 26, 2023 @ 7:45PM

Want to learn to meditate, but just don't know how to get started? Join us for this free in-person meditation workshop. In this one session workshop you will learn this simple technique that can change your life. [Read more...](#)



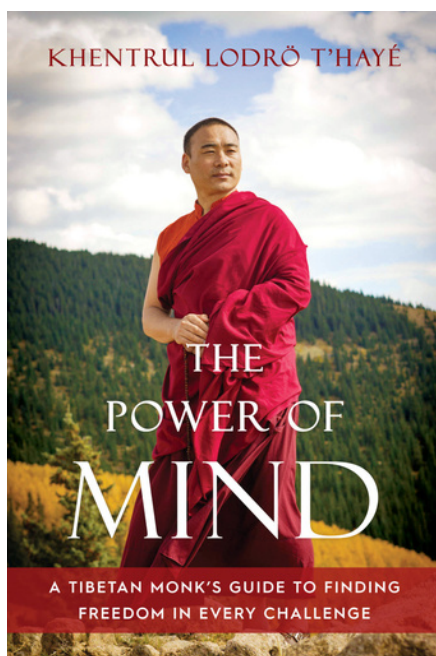
*Like a beautiful flower
full of color and also
fragrant, even so, fruitful
are the fair words of one
who practices them.
- Dhammapada*

Upcoming Events and Classes

108 Day Bodhisattva Challenge

This challenge will be practice intensive for those who want to apply their understanding of Bodhicitta with daily practice. We welcome new students who are looking to learn about the Bodhisattva Mind Training and how to apply it to their Buddhist path, as well as experienced students who have insights to share. This event will be in-person with an online option available.

"Peace and happiness can be attained, but not by searching for something in the outside world. They start within us then extend out to the entire globe." – Khentrul Rinpoche



JANUARY 4, 2023

- 7:30 pm - 9:00 pm
- Kick off party for the 108 Day Bodhisattva Challenge is Sunday January 1, 2023 at 10:30am and will be during the Sunday Service.



The main book that will be used for the challenge will be The Power of Mind: A Tibetan Monk's Guide to Finding Freedom in Every Challenge by Khentrul Lodrö T'hayé Rinpoche.

The Power of Mind guides the reader through transformative practices one by one—from recognizing the value of our human life to overcoming the sources of suffering, together with meditation advice for incorporating these insights into our daily lives.

Social Justice Committee

*Metro
Organization
for Racial
and
Economic
Equity*



RIME BUDDHIST CENTER PARTNERS WITH MORE2

The Rime Buddhist Center has partnered with More2 a social justice organization representing different faith traditions, cultural backgrounds, races, and economic means. Rather than providing services or programs, More2 works to change policies through grassroots movements, in ways that promote racial and economic equity in Kansas and Missouri. The issues they focus on are:

- Criminal Justice
- Education
- Healthcare
- Immigration

SURJ-KC + RIME BUDDHIST CENTER

The Rime Center's Social Justice Committee encourage our members to participate with SURJ-KC a local network organizing white people for racial justice in accountability to the BBIPOC community. Showing Up for Racial Justice Kansas City is a local network organizing white people for racial justice.

Through personal support, political education, and solidarity action, SURJ KC moves white people to act as part of a multiracial majority for justice with passion and accountability.



*Showing
Up for
Racial
Justice
Kansas
City*